Pediatric Diabetic Ketoacidosis (DKA)





Created by	Department	Creation Date	Version Date
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## **Medications**

a. Regular Insulin 100 unit/100ml NS (1 unit/ml); infuse 0.1 unit/kg/hour. (NO BOLUS DOSES)

## **IV Fluid Rate Calculation**

a.	a. Boluses received previously (in ER or pre-hospital) =ml		_ml	Total boluses =	ml (a)
	Boluses received in PICU	=	ml		<u>-</u> (a)

b. Calculate free water deficit from table below. \_\_\_\_\_kg x\_\_\_\_ ml/kg = \_\_\_\_\_ml (b)

Degree of Dehydration	Water deficit	Severity of DKA	рН	Serum bicarbonate (mmol/L)
Mild	5% = 50ml/kg	Mild	< 7.3	< 15
Moderate	8% = 80ml/kg	Moderate	< 7.2	< 10
Severe	10%= 100ml/kg	Severe	< 7.1	< 5

c.	Calculate remainder of free water deficit: subtract (a) from (b)	ml (c)
d.	Calculate maintenance fluid requirements for next <u>48 hours</u> 200ml/kg for first 10 kg (e.g. 10kg child = 2000 mL) +100ml/kg for next 10kg (1000 mL for next 10 kg, e.g. 30 kg child> 20 +40ml/kg for every kg greater than 20 kg	00 mL +1000 mL = 3000 mL) ml (d)
e.	Calculate total fluids required for next 48 hr: add (c) + (d)	ml (e)
f.	Determine Hourly IV Rate: divide (e) by 48	ml/hr (f)

- g. Adjust the rates of two IV solutions (one containing dextrose, one without) based on blood glucose levels. (See table below).
- h. IF SERUM POTASSIUM IS GREATER THAN 5.5 mMol/L infuse 0.9% NaCl at calculated hourly rate (f) and recheck potassium in 1 hour. Once serum potassium is LESS THAN OR EQUAL TO 5.5 mMol/L with urine output begin IV fluids as indicated below. Hourly IV Rate:

Blood Glucose level	Bag "A" NO DEXTROSE 0.9% NaCl – 1,000ml + K Phosphate 15 mMol/L + K Acetate 20 mEq/L	Bag "B" WITH DEXTROSE Dextrose 10%- 0.9% NaCl – 1,000ml + K Phosphate 15 mMol/L + K Acetate 20 mEq/L
Greater than 350	100% Hourly IV Rate ml/hr	Zero % Hourly IV Rate <b>0 ml/hr</b>
301 - 350	75% Hourly IV Rate <b>ml/hr</b>	25% Hourly IV Rate ml/hr
251 - 300	50 % Hourly IV Rate ml/hr	50% Hourly IV Rate ml/hr
201 - 250	25% Hourly IV Rate ml/hr	75% Hourly IV Rate ml/hr
Less than 200	Zero % Hourly IV Rate <b>0 ml/hr</b>	100% Hourly IV Rate ml/hr
Less than 100	Zero % Hourly IV Rate <b>0 ml/hr</b>	HOLD INSULIN & recheck glucose in 30 minutes 100% Hourly IV Rate ml/hr

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