# COORDINATED CARE FOR CHILDREN WITH MEDICAL COMPLEXITY

## WHO WE ARE

The Coordinated Care for Children with Medical Complexity (CCCMC) Program is dedicated to providing complete medical care in a team-based, family-centered way. It is designed to maintain health for young patients with many needs resulting from chronic and often technology-dependent conditions. The CCCMC team consists of a medical director, pediatric nurse practitioner, nurse champion, respiratory therapist/education specialist, dietitian, social worker, referrals coordinator, and physical, occupational, and speech therapists.

### HOW WE CAN HELP

We are available to assist your child's current pediatrician, or to serve as your child's pediatrician, depending on your unique needs. We can provide your child with routine medical care and sick care, coordinate with his or her specialty providers, and help define and reach your goals for your child.

Services provided by the program include:

- · Complete and thorough care plan development
  - We will provide you with a resource binder to keep all of the information important to your child's care.
- · Care coordination with your child's broader care team
  - We will be in contact with your child's specialists, home nurses, therapists and school officials, as applicable.
- · Help with making and keeping appointments
- Rehabilitation team (physical, occupational and speech therapists) available at your visits
- Nutrition evaluation and continued management
- Dedicated social worker to help set up resources
- Family education about conditions, treatments and family empowerment
- Connection to onsite Walgreens with experience serving children with complex medical conditions
  - Able to get difficult to obtain medications and coordinate refill schedule
  - Has free home delivery available

### **OUR PHILOSOPHY OF CARE**

As a team, we are passionate about caring for pediatric patients with complex and chronic medical conditions. We know it is important to listen to each family member to recognize, respect and use everyone's strengths to better the lives of those we care for. We believe that inter-professional support for children with medical complexities and their families can strengthen the family as a whole. Our goal is to ensure that each family is involved in care planning for their child and fully understands the treatment plan. Our team feels it serves the patient and family best to provide exceptional outpatient care, reducing the time a patient needs to be in the hospital and maximizing time at home.





### **DURING YOUR HOSPITAL STAY**

The team will discuss the plan of care that was created for your child during outpatient visits. We will also help plan team meetings as needed, provide education on any changes to the plan, and coordinate the discharge process. Our goal is to ensure the hospital team is well informed about your child and that you feel comfortable with the plan of care.

### **DURING YOUR VISITS**

On the day of your appointment you will check in at the front desk. Once in the exam room, your child will work with each of our team members, who will take into account your child and family's unique needs. At the end of the visit, your care plan will be reviewed and any questions will be answered. During visits, we will coordinate with your child's subspecialists if needed.

# CONTACT US

We aim to provide the best coordinated care possible for our patients. A member of our team is accessible 24 hours a day, seven days a week by phone at 708.684.1399. For non-urgent questions, feel free to email the department at pedscomplexcare@advocatehealth.com. More information about the program is available on our website: advocatechildrenshospital.com/ach/cccmc

