



CHG treatment

What is CHG treatment? Chlorhexidine gluconate (CHG) is a special cleaning product that kills germs. A CHG treatment is a bath that is done by using CHG Wipes.

Why does my child get CHG treatments? CHG treatment is a best practice standard in the prevention of hospital acquired infections. It's a required element for preventing central line infections. The treatment also is proven to reduce infections for patients in intensive care units.

When does my child get a CHG treatment? This depends on your child's age. If your child is older than 2 months, then they will receive a CHG treatment every day. If your child is less than 2 months old, your baby will receive a CHG treatment three times a week.

How long will my child get CHG treatment? As long as your child meets the requirements, your child will get a CHG Treatment with CHG bath cloths.



CHG treatment

Guidelines for Bathing with CHG Cloths by Patient Weight:

Number of Cloths per weight	Less than 10 Kg	10 to 30 Kg	Greater than 30 Kg
Cloth 1	Chest, both arms, back, neck	Chest, both arms, neck	Chest, both arms, neck
Cloth 2	Both legs, buttocks, Groin	Back, buttocks	Right leg
Cloth 3	----- -	Both legs	Left leg
Cloth 4	-----	Groin	Back
Cloth 5	-----	-----	Buttocks
Cloth 6	-----	-----	Groin

- Use circular or back and forth motion to wash skin from the neck down
- Use the dosing chart above; use a new cloth as indicated to prevent the spread of infection.
- **DO NOT USE** CHG cloths on face, near eyes, anywhere above the neck, or perineum. Avoid leaving excess CHG in skin folds as this may cause irritation.
- The skin may be tacky for a few minutes after bathing. Do NOT rinse skin after a CHG bath, allow to air dry, do NOT towel off skin.
- Do not use lotions as they can inactivate CHG and should not be applied after a CHG bath. The cloths contain moisturizers.
- If the patient is incontinent with stool, remove stool per protocol before wiping with CHG cloths. Do NOT USE CHG cloths inside perineal area on females. If patient/family requests soap and water bath or is visibly dirty, complete a regular bath, wait one hour before performing a CHG bath to decrease skin irritation.
- Contraindications include: CHG allergy, severe skin conditions, burns, or open wounds. Patients with lumbar drains or epidurals. Avoid areas of eczema.
- Do not use CHG on patients with documented sensitivity, use soap and water for bathing.

References:

Lund, C. (2016). Bathing and beyond. *Advances in Neonatal Care*, 16(5), 13-20.